



Wasilla Senior Center COMMUNITY HEALTH FAIR 1301 S Century Cir, Wasilla Saturday March 9

A cooperative effort of Wasilla Area Seniors, and Valley Residential Services
With major funding by the Mat-Su Health Foundation

Come learn about
Fall Prevention
Foot Care
Emergency Preparedness

Free screenings:
Vision, Glaucoma,
Acupuncture and
Massage

Learn about
Diabetes, Vitamin D,
Blood Pressure
& more

A health fair offers lots of free health education by local health and safety providers. Come join us and learn something new.

TAKE CHARGE OF YOUR HEALTH!



For individuals 18 years and older

HIGH QUALITY, AFFORDABLE BLOOD TESTS

Comprehensive Blood Test 27 panels, CMP, CBC and lipids - \$45

fast 10-12 hours-water only

Thyroid Stimulating Hormone (TSH) - \$35

Estimated Average Glucose (A1C, non-fast) - \$25

Prostate Specific Antigen (PSA) - \$25

Vitamin D Levels - \$50

ABO/RH Blood typing - \$20

Vitamin B12 - \$35

REMEMBER TO DRINK PLENTY OF WATER & TAKE MEDICATIONS AS PRESCRIBED!

More tests & event updates at www.alaskahealthfair.org

or call 907-278-0234



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